



Natural Fertility Management

Lunar Journey through the Zodiac 2015

According to Dr Jonas' research, *conception whilst the Moon is in a male or female sign greatly influences the sex of the child toward that gender.* Some research suggests that the alkalinity of the endometrium changes with the moon, thus favouring 'XY' or 'XX' sperm. The following chart indicates when the moon enters a male or female sign, indicated by 'M' or 'F' respectively, throughout the year.

You can use this chart to determine whether the moon is in a male or female sign at your mid-cycle ovulation (determining this through your mucus observation), as well as at your lunar peak.

F	♋	Cancer	04-Jan-15	11:09
M	♌	Leo	06-Jan-15	21:04
F	♍	Virgo	09-Jan-15	8:59
M	♎	Libra	11-Jan-15	21:58
F	♏	Scorpio	14-Jan-15	9:45
M	♐	Sagittarius	16-Jan-15	18:02
F	♑	Capricorn	18-Jan-15	22:05
M	♒	Aquarius	20-Jan-15	23:01
F	♓	Pisces	22-Jan-15	22:49
M	♈	Aries	24-Jan-15	23:32
F	♉	Taurus	26-Jan-15	2:38
M	♊	Gemini	28-Jan-15	8:39
F	♋	Cancer	31-Jan-15	17:10

F	♍	Virgo	01-Apr-15	4:13
M	♎	Libra	03-Apr-15	17:09
F	♏	Scorpio	06-Apr-15	5:05
M	♐	Sagittarius	08-Apr-15	15:09
F	♑	Capricorn	10-Apr-15	22:48
M	♒	Aquarius	13-Apr-15	3:45
F	♓	Pisces	15-Apr-15	6:13
M	♈	Aries	17-Apr-15	7:01
F	♉	Taurus	19-Apr-15	7:32
M	♊	Gemini	21-Apr-15	9:29
F	♋	Cancer	23-Apr-15	14:27
M	♌	Leo	25-Apr-15	23:14
F	♍	Virgo	28-Apr-15	11:08

M	♌	Leo	03-Feb-15	3:42
F	♍	Virgo	05-Feb-15	15:47
M	♎	Libra	08-Feb-15	4:45
F	♏	Scorpio	10-Feb-15	17:06
M	♐	Sagittarius	12-Feb-15	2:48
F	♑	Capricorn	14-Feb-15	8:25
M	♒	Aquarius	17-Feb-15	10:14
F	♓	Pisces	19-Feb-15	9:49
M	♈	Aries	21-Feb-15	9:14
F	♉	Taurus	23-Feb-15	10:29
M	♊	Gemini	25-Feb-15	14:55
F	♋	Cancer	27-Feb-15	22:51

M	♎	Libra	01-May-15	0:04
F	♏	Scorpio	03-May-15	11:48
M	♐	Sagittarius	05-May-15	21:14
F	♑	Capricorn	08-May-15	4:17
M	♒	Aquarius	10-May-15	9:23
F	♓	Pisces	12-May-15	12:54
M	♈	Aries	14-May-15	15:15
F	♉	Taurus	16-May-15	17:03
M	♊	Gemini	18-May-15	19:28
F	♋	Cancer	20-May-15	23:57
M	♌	Leo	22-May-15	12:43
F	♍	Virgo	25-May-15	18:53
M	♎	Libra	28-May-15	7:43
F	♏	Scorpio	30-May-15	19:35

M	♌	Leo	02-Mar-15	9:35
F	♍	Virgo	04-Mar-15	21:59
M	♎	Libra	07-Mar-15	10:53
F	♏	Scorpio	09-Mar-15	23:11
M	♐	Sagittarius	12-Mar-15	9:31
F	♑	Capricorn	14-Mar-15	16:41
M	♒	Aquarius	16-Mar-15	20:15
F	♓	Pisces	18-Mar-15	4:59
M	♈	Aries	20-Mar-15	20:29
F	♉	Taurus	22-Mar-15	20:41
M	♊	Gemini	24-Mar-15	23:24
F	♋	Cancer	27-Mar-15	5:46
M	♌	Leo	29-Mar-15	15:49

M	♐	Sagittarius	02-Jun-15	4:40
F	♑	Capricorn	04-Jun-15	10:52
M	♒	Aquarius	06-Jun-15	15:03
F	♓	Pisces	08-Jun-15	18:17
M	♈	Aries	10-Jun-15	21:15
F	♉	Taurus	13-Jun-15	0:17
M	♊	Gemini	15-Jun-15	3:52
F	♋	Cancer	17-Jun-15	8:52
M	♌	Leo	19-Jun-15	19:24
F	♍	Virgo	22-Jun-15	3:00
M	♎	Libra	24-Jun-15	15:42
F	♏	Scorpio	27-Jun-15	3:58
M	♐	Sagittarius	29-Jun-15	13:22

F	♄	Capricorn	01-Jul-15	19:12
M	♈	Aquarius	03-Jul-15	22:22
F	♋	Pisces	06-Jul-15	0:24
M	♈	Aries	08-Jul-15	2:39
F	♉	Taurus	10-Jul-15	5:51
M	♊	Gemini	12-Jul-15	10:17
F	♋	Cancer	14-Jul-15	16:15
M	♌	Leo	17-Jul-15	0:16
F	♍	Virgo	19-Jul-15	10:48
M	♎	Libra	21-Jul-15	23:24
F	♏	Scorpio	24-Jul-15	12:08
M	♐	Sagittarius	26-Jul-15	22:26
F	♄	Capricorn	29-Jul-15	4:49
M	♈	Aquarius	31-Jul-15	7:41

M	♊	Gemini	02-Oct-15	6:05
F	♋	Cancer	04-Oct-15	10:23
M	♌	Leo	06-Oct-15	18:32
F	♍	Virgo	09-Oct-15	5:52
M	♎	Libra	11-Oct-15	18:47
F	♏	Scorpio	14-Oct-15	7:39
M	♐	Sagittarius	16-Oct-15	19:19
F	♄	Capricorn	19-Oct-15	4:53
M	♈	Aquarius	21-Oct-15	11:39
F	♋	Pisces	23-Oct-15	15:19
M	♈	Aries	25-Oct-15	16:23
F	♉	Taurus	27-Oct-15	16:08
M	♊	Gemini	29-Oct-15	16:25
F	♋	Cancer	31-Oct-15	19:10

F	♋	Pisces	02-Aug-15	8:37
M	♈	Aries	04-Aug-15	9:25
F	♉	Taurus	06-Aug-15	11:30
M	♊	Gemini	08-Aug-15	15:41
F	♋	Cancer	10-Aug-15	22:09
M	♌	Leo	13-Aug-15	6:53
F	♍	Virgo	15-Aug-15	17:47
M	♎	Libra	18-Aug-15	6:24
F	♏	Scorpio	20-Aug-15	19:25
M	♐	Sagittarius	23-Aug-15	6:42
F	♄	Capricorn	25-Aug-15	14:23
M	♈	Aquarius	27-Aug-15	18:05
F	♋	Pisces	29-Aug-15	18:52
M	♈	Aries	31-Aug-15	18:34

M	♌	Leo	03-Nov-15	1:49
F	♍	Virgo	05-Nov-15	12:24
M	♎	Libra	08-Nov-15	1:15
F	♏	Scorpio	10-Nov-15	14:04
M	♐	Sagittarius	13-Nov-15	1:15
F	♄	Capricorn	15-Nov-15	10:22
M	♈	Aquarius	17-Nov-15	17:25
F	♋	Pisces	19-Nov-15	22:23
M	♈	Aries	22-Nov-15	1:13
F	♉	Taurus	24-Nov-15	2:27
M	♊	Gemini	26-Nov-15	3:16
F	♋	Cancer	28-Nov-15	5:28
M	♌	Leo	30-Nov-15	10:48

F	♉	Taurus	02-Sep-15	19:03
M	♊	Gemini	04-Sep-15	21:49
F	♋	Cancer	07-Sep-15	3:41
M	♌	Leo	09-Sep-15	12:37
F	♍	Virgo	11-Sep-15	23:57
M	♎	Libra	14-Sep-15	12:42
F	♏	Scorpio	17-Sep-15	1:44
M	♐	Sagittarius	19-Sep-15	13:33
F	♄	Capricorn	21-Sep-15	22:34
M	♈	Aquarius	24-Sep-15	3:52
F	♋	Pisces	26-Sep-15	5:45
M	♈	Aries	28-Sep-15	5:30
F	♉	Taurus	30-Sep-15	4:58

F	♍	Virgo	02-Dec-15	20:10
M	♎	Libra	05-Dec-15	9:35
F	♏	Scorpio	07-Dec-15	21:27
M	♐	Sagittarius	10-Dec-15	8:26
F	♄	Capricorn	12-Dec-15	16:48
M	♈	Aquarius	14-Dec-15	23:00
F	♋	Pisces	17-Dec-15	3:46
M	♈	Aries	19-Dec-15	7:27
F	♉	Taurus	21-Dec-15	10:14
M	♊	Gemini	23-Dec-15	12:32
F	♋	Cancer	25-Dec-15	15:28
M	♌	Leo	27-Dec-15	20:32
F	♍	Virgo	30-Dec-15	4:59

NB: All times are for Australian Eastern Standard Time (AEST). Please adjust for Daylight Saving Time or your own time zone where these are different to AEST, using your *Time Machine* which is located in the back of your *Conception Kit Workbook*.